

**Marilyn D. Lucas, LMHC, LAC**  
**Licensed Mental Health Counselor, Licensed Addiction Counselor**

9840 Westpoint Dr., Ste. 200 · Indianapolis, IN · (317) 585-1060 · [www.fcahelp.com](http://www.fcahelp.com)

**DISCLOSURE STATEMENT**

I. EDUCATION AND TRAINING

I have over 12 years of counseling experience as well as over 25 years of business experience that I bring to my work at FCA. I have extensive, professional training in evidence-based methods in Counseling Psychology as well as clinical counseling experience counseling young adults, adults, and couples. I have practiced in a church counseling setting, outpatient addiction and mental health clinics, and in private practice setting. My education includes a Bachelor of Arts in Liberal Studies with a Minor in Psychology and a Master of Arts in Community Counseling and Addiction. I use a multifaceted approach to working with clients to help them work toward the level of functioning that they wish to achieve.

II. THEORETICAL & TREATMENT MODEL

My theoretical orientation in therapy includes both an existentialist philosophy and also includes psychodynamic theories. My approach with clients draws heavily upon solution focused and cognitive behavioral interventions in session. I also use rational emotive therapy and motivational interviewing when appropriate.

Though I see great value in the therapeutic relationship I see it as a way to support the client as they begin to explore who they are and who they want to become. I see my role as one who will motivate and at times challenge the client so they can grow to their authentic self. During this process their roles, responsibilities, and their relationships are examined if desired. As a neutral, trained listener I am able to see their situations from multiple angles so can give clients fresh insights into their issues that may be deterring them from living the life they desire. During this process each client's uniqueness, values, and goals are considered. My adherence to the importance of the unique qualities of the individual, coupled with specific psychological interventions with measurable outcomes that are designed to target identifiable behaviors and beliefs produces a therapeutic interaction that is grounded in theory but is as flexible as the needs of the individual client.

Family Counseling Associates is a Christ-centered professional counseling group. As a counselor, I seek to meet you just where you are in your own spiritual journey and will allow you to determine how your own faith and spirituality is integrated into the counseling practice.

FEES AND INSURANCE INFORMATION

The fee for counseling will be \$150 for the first session and \$125 for all 50 minute sessions following. Payments are to be made at each session via cash, personal check, or with authorized credit card. For persons unable to afford the fee for counseling, a reduced fee can be negotiated. Fees may increase periodically and any change in fees will be communicated with two weeks prior notification.

Please note: Sessions cancelled within less than 24 hours will also be charged a \$50 cancellation fee (illnesses and emergencies are exceptions).

If you choose to use your health insurance coverage to help cover my services, please know that it is a contract between you and the insurance company. As a service to you, our office will bill insurance companies and other third-party payers, but cannot guarantee such benefits or the amounts covered, and is not responsible for the collection of those payments. In some cases, insurance companies may consider certain services as not reasonable or necessary; or may determine that services are not covered. In such cases the client, responsible party and/or insurance policy holder is responsible for payment of these services. We charge our clients the usual and customary rates for the area. Clients are responsible for payments regardless of any insurance company's arbitrary determination of usual and customary rates.

The client, responsible party, and/or insurance policy holder is responsible for paying funds not paid by the insurance company or third-party payers after 60 days. Payments not received after 90 days are subject to collection. A 1.5% per month interest rate is charged for accounts over 60 days.

Insurance deductibles and co-payments are due at the time of service. All insurance benefits will be assigned to this clinic unless the account balance is paid in its entirety each session. Clients are responsible for payments at the time of service. Reimbursements to client will be made only after all outstanding debt for the client and all family members is paid.

#### SCHEDULING SESSIONS

An initial session can be scheduled by calling the Family Counseling Associates main office at 317585-1060. Additional sessions are generally scheduled on a regular, weekly basis and are not limited to any set number of sessions or course of time. However, it is your responsibility to confirm and/or reschedule your next session.

#### CHOICE OF PROVIDER

It is your right to select a counselor or therapist of your choice and you may terminate counseling with me at any time. I recommend one final session upon termination to reflect on our experience together and address any future concerns.

### III. STATE REGULATIONS FOR PROFESSIONAL CONDUCT

The State of Indiana Department of Health as well as the Indiana Professional Licensing Agency oversees and regulates the practice of mental health counselors in order to ensure the health and safety of the public. If you believe that I have acted unethically or unprofessionally in my work with you, I ask that you address the issue directly with me. Additionally, you may direct a complaint to the:

**Office of the Attorney General**

Consumer Compliant Division  
402 West Washington St., 5<sup>th</sup> Floor  
Indianapolis, IN  
(317) 232-6630/1 (800) 382-5516

<http://www.indianaconsumer.com/filcomplaint.asp>

IV. ADDITIONAL COMMUNICATION

If you need to communicate with me outside of your scheduled session time, you can call 317-585-1060. The office staff of Family Counseling Associates will be available to take your call, or you can leave a message for me on the confidential voicemail and I will attempt to return your call with 24 hours. I will generally limit phone communication to session scheduling and emergencies, as well as reserve the right to charge a fee for the phone call proportionate to the regular session fee. I will generally limit communication via email solely for transmitting electronic documents/information (i.e. intake form, inventories online, etc.).

V. EMERGENCIES

If you are experiencing an emergency and cannot reach me via the number listed above, please call one of the following numbers:

- General Emergencies: 911
- Mental Health Association of Greater Indianapolis 24-hr Hotline: 317-251-7575
- Family Counseling Associates, Inc. On-Call Therapist: 317-585-1060, press 8